

# CMC KIDS CLASSES

Kids learn the fundamentals of Martial Arts while building confidence & having fun!

## RULES + EXPECTATIONS

- Students must wear **class uniform** (CMC Shirt & Shorts) & have class gear (gloves, shin guards, mouth guard) to participate each time.
- No food, drinks or shoes allowed on the mats.
- Students are expected to show respect to the Instructor & their fellow classmates at all times.
- **PARENTS** We would like to continue with our open-door policy & invite you to observe your child's classes. Your cooperation with the following requests is greatly appreciated:
  - \*\* Please keep extra kids off the 'black mat' exercise area, off the cardio equipment, and out of the weight room.
  - \*\* Please clean up after your kids (wrappers, crumbs, etc) to keep our facility tidy for our other classes & gym Members

## TESTING

- Testing is not mandatory but strongly recommended for all students.
- Cost is \$30 each time & testing dates have been tentatively selected for:

**October 26-27**  
**December 14-15**  
**February 15-16**  
**April 26-27**  
**June 21-22**

## TOURNAMENTS

- Tournaments are an optional way to give your little martial artist the opportunity to test & practice their skills in a competitive setting.
- We aim to have 1 tournament each month, alternating between Kickboxing one month & Grappling the next.
- Dates will be posted. Entry Fee is normally \$30

## LITTLE NINJAS

Ages 4 - 6  
Tuesday & Thursday  
5:30-6pm

## YOUNG JEDI

Ages 7 - 12, Beginners  
Tuesday & Thursday  
6-7pm

## YOUNG GLADIATORS

Ages 7 - 12, Advanced  
Monday & Wednesday  
6-7pm

## CLASS FEES

**\$720 for our 10-Month Program**

### PAYMENT OPTIONS

- A) Monthly Payments of \$60/month over 12 months
- B) Pay in Full, only \$600! (Save \$120)

### **\$160 Equipment Fee**

(includes CMC shirt, fight shorts, 8oz gloves, shin guards, mouth guard)



WWW.CMCMMA.COM